



**FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

# OUR COMMUNITY OUR CAUSE

The Perkins Family YMCA, a branch of the YMCA of the Chesapeake, is a 501(c)3 not-for-profit charitable organization serving the St. Michaels and Bay-Hundred communities of Talbot County, Maryland. Our cause is strengthening community through programs that build a healthy spirit, mind, and body for all.

## TOGETHER WE CAN DO SO MUCH MORE

Maryland faces new challenges that create a greater need for the work we do. Fortunately, where some see obstacles, we see opportunities for our members, volunteers, staff, and generous donors like you to make a difference.

No other organization can impact as many people as powerfully as we do every day. When you give to the Perkins Family YMCA, your gift will help young people achieve their potential, empower people of all ages to lead healthier lives and strengthen the bonds of community.

Together, we'll take on many of the greatest challenges facing our young people, our health, and our community.

In **2019**, we served over **2,300** Individuals and provided **\$46,000** in scholarships and financial assistance to those in need in our community.

**712**



### Volunteer Hours

Were spent in the community by our dedicated volunteers.

## Give today and inspire a lifetime.

Your gift can support others in need. Give and do so much more.

**\$31** gives a 6<sup>th</sup> grader a safe place to go afterschool for one-month

**\$50** saves a life by teaching a child how to swim

**\$100** helps prevent summer learning loss for a 3<sup>rd</sup> grader in one week of our Summer Learning Program

**\$180** helps a person living with, through or beyond cancer to strengthen their physical and spiritual health through a specialized 12-week program

**\$480** provides a six-month membership to a senior citizen living on a fixed income; giving them a community of peers to connect with and a place to stay mentally and physically active

**\$600** provides a low-income family of four with a YMCA membership for a year

**\$1,100** sends a child to camp for the summer

# The Perkins Family YMCA strengthens community through programs that focus on **YOUTH DEVELOPMENT, HEALTHY LIVING,** and **SOCIAL RESPONSIBILITY.**

## MIDDLE SCHOOL SPORTS



The Y offers youth sports for kids at all skill levels. At the Perkins Y, our middle school sports program was developed out of a recognized need for positive outlets and programs for middle school students in our community. Our program currently supports girls lacrosse, field hockey, and co-ed soccer. Program participants feel a sense of belonging to a team and learn the importance of teamwork, respect, and commitment. **The Y subsidizes the program in order to keep this program accessible middle schoolers and their families.**

## SUMMER LEARNING/ SUMMER MEALS PROGRAMS

The YMCA partners with Talbot County Public Schools and Care Packs of Talbot County to provide a 5-week summer camp program for 20 children identified as food insecure, but ineligible for programs through Talbot County Public Schools' summer learning program. Program participants are given two free meals a day (breakfast and lunch) and participate in a STEM-based education curriculum in the morning, followed by a traditional day camp experience in the afternoon. At the end of each week, the children in the summer meals program are sent home with a pack of food for the weekend.

The YMCA opens the afternoon session of this 5-week program to an additional 20 children from the TCPS Summer Learning Program for students at risk of summer learning loss. The two groups are integrated seamlessly at lunch and the groups get to play, swim and craft together. These programs are offered free of charge to program participants. **Last year the Y provided \$9,985 to run this program free of charge for participants and their families.**



## OPEN DOORS

**The YMCA turns no one away due to the inability to pay.** Donations raised throughout the year supports our Open Doors program, providing financial assistance and program scholarships so everyone in our community can belong.



### PERKINS FAMILY YMCA

A branch of the YMCA of the Chesapeake  
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