



**FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

# OUR COMMUNITY OUR CAUSE

The Cecil County Family YMCA, a branch of the YMCA of the Chesapeake, is a 501(c)3 not-for-profit charitable organization serving Cecil County, Maryland. Our cause is strengthening community through programs that build a healthy spirit, mind, and body for all.

## TOGETHER WE CAN DO SO MUCH MORE

Maryland faces new challenges that create a greater need for the work we do. Fortunately, where some see obstacles, we see opportunities for our members, volunteers, staff, and generous donors like you to make a difference.

No other organization can impact as many people as powerfully as we do every day. When you give to the Cecil County Family YMCA, your gift will help young people achieve their potential, empower people of all ages to lead healthier lives and strengthen the bonds of community.

Together, we'll take on many of the greatest challenges facing our young people, our health and our community.

In **2019**, we served over **7,600**

Individuals and provided

**\$245,000**

in scholarships and financial assistance to those in need in our community.

**2,400**



**Volunteer Hours**

Were spent in the community by our dedicated volunteers.

## Give today and inspire a lifetime.

Your gift can support others in need. Give and do so much more.

**\$31** gives a 6<sup>th</sup> grader a safe place to go afterschool for one-month

**\$50** saves a life by teaching a child how to swim

**\$100** helps prevent summer learning loss for a 3<sup>rd</sup> grader in one week of our Summer Learning Program

**\$180** helps a person living with, through or beyond cancer to strengthen their physical and spiritual health through a specialized 12-week program

**\$480** provides a six-month membership to a senior citizen living on a fixed income; giving them a community of peers to connect with and a place to stay mentally and physically active

**\$600** provides a low-income family of four with a YMCA membership for a year

**\$1,100** sends a child to camp for the summer

# The Cecil County Family YMCA strengthens community through programs that focus on **YOUTH DEVELOPMENT, HEALTHY LIVING, and SOCIAL RESPONSIBILITY.**

## **BEFORE AND AFTER SCHOOL**

In Before & After School Care, kids engage in physical, learning and imaginative activities that encourage them to explore who they are and what they can achieve.

## **LEARN TO SWIM**

We offer a wide range of swimming options to improve skills, build confidence in the water, and teach personal safety. Our instructors are nationally certified swim instructors, following a curriculum focused on the mastery of skills in a way that is personalized to the students' needs and pace.

## **LIVESTRONG at the YMCA**

Cancer survivors participate in free, 12-week customized exercise regimens catered to their individual needs from certified fitness instructors. The instructors are trained in cancer survivorship, post-rehabilitation exercise and supportive cancer care. Survivors and often their families receive a membership at the YMCA for the duration of the program. In our inaugural class we support four cancer survivors. **This program costs the Y approximately \$3,000 per class.**

## **OPEN DOORS**

The YMCA turns no one away due to the inability to pay. Donations raised throughout the year supports our Open Doors program, providing financial assistance and program scholarships so everyone in our community can belong.

## **PRESCHOOL LEARNING CENTER PROGRAM**

At the Cecil Y, **our goal is to close the learning gap and ensure all children have the skills to be successful in kindergarten.** Our Pre School Learning Program is designed to facilitate the spiritual, social, emotional, cognitive, and physical development of each child.

## **SUMMER CAMP**

YMCA of the Chesapeake day camps are centered around improving the well-being of children. We believe in each child's individuality and intentionally focus on three areas of development: friendships, accomplishment and belonging.

## **YOUTH SPORTS**

The Y offers youth sports for kids at all skill levels. At the Cecil Y, our youth sports program was developed out of a recognized need for positive outlets and programs for children in our community. Our program currently supports basketball, volleyball, and field hockey. Program participants feel a sense of belonging to a team and learn the importance of teamwork, respect, and commitment.

**CECIL COUNTY FAMILY YMCA**  
A branch of the YMCA of the Chesapeake  
25 YMCA Boulevard, Elkton, MD 21921  
410 398 2333 [www.ymcachesapeake.org](http://www.ymcachesapeake.org)